

In cognito ego est



Man art thou and as man shalt thou return!

Who are you, where did you come from, where are you when you are unconscious or asleep, where do you go when your suffering is over and your body returns to dust? The thesis "Cogito ergo sum", "I perceive, therefore I exist" (René Descartes 1596-1650) has replaced monotheistic man with "In cognito ego est", "My ego perceives, therefore I exist". Voluntary incarnation "ex deo nascimur" has nailed our light garment, our Merkabah "in Jesu morimur" to the square of construction, the cross of the four elements. Privatisation of the true self, degrades man to ego, to reincarnating bio robot. But what about "Man art thou and as man shalt thou return" or "Gnōthi seauton", "Man know thy true self".

Our changing ego and our ever-changing environment are always unconditionally perceived 'now'. Perception is always 'now'! Our ego is the reincarnation-causing sum of our identifications, a changeable thought-image created by us. Our ego recognises itself in the mirror in the morning and has changeable opinions. Without attention, no ego! Returning to being a real human being is only possible if we transcend our ego "per spiritum sanctum reviviscimus". This website explains cause and effect of all our ego stuff.

Observing arises through attention-oriented consciousness!

Man can do weeks without earth (food), days without water, minutes without air but not a second without fire (awareness). Of these four elements, fire is so essential that we cannot do without it, consciously or unconsciously. Consciousness is the basis of all creation, without observation nothing can exist. You are undoubtedly familiar with the story of Prometheus who, out of compassion, explained to man the use of fire. Not the fire of the barbecue or the blast furnace, but the fire of the mind and free will.

Prometheus had to pay dearly for that, for he was chained on a rock and an eagle ate his liver every day, which grew back by night. The fate of Prometheus thus describes our process of reincarnation.

In our dreams, everything is as tangible as in our reality!

In our reality, everything is as illusory as in our dreams!

Observer was created by a human misunderstanding!

We humans are created in his image and likeness and have a free will. Thanks to free will, we can decide for ourselves how we experience something and whether or not we identify with the experience. The latter, like Prometheus, causes us serious problems. We think we are the observer of our own life story, but that does not correspond to reality at all.

The observer we think we are is the substitute for our true self!

This observer, our ego, we have created ourselves, just like Narcissus. As a human being you were incarnated and born, but around your third year of life you started to identify with your physical experiences. You then privatised your true self and replaced it with your ego. This substitute for your true self has been ruling your life ever since, your daily Truman Show.

Only by transcending your observer can you return as a human being!

Perception came into being through observation devices!

If you read this, you perceive 'yourself' while reading and at the same time you perceive the reading and what is being read. You perceive all kinds of things, including 'yourself' while reading, the content of the reading and much more. There is reading, so to speak, but there is no reader in reality, there is only the perception of reading through a highly appropriate device, your body, your perceptive vehicle.

Truths exist as a basis for misunderstandings!

Thanks to the fire of perception, everything exists, but that fire is not a thing, it is the perception of things. Pierre Teilhard de Chardin (1881-1955) put it as follows: "Day by day, after we have succeeded in controlling the wind, the waves, the tides and gravity, we will subordinate to ourselves the energies of love, and then man will have discovered fire for the second time in his history." The cosmic fire of consciousness through which perception becomes possible. Without the unconditional fire of consciousness no thing can exist, but things are subject to change, are always conditional.

With what or by what can consciousness arise?

Without consciousness, without observation, without attention, no thing can exist.

Everything exists because it is perceived in one form or another, but perception itself has no form, is formless, timeless, unconditional and not subject to change. Perception is always now, and also the perception you experience has no yesterday or tomorrow.

Even past and future are always experienced now. You can download memories and view or edit them now. Memories are stored data about past events. All just like in your smartphone or laptop. You perceive yourself and have you ever considered taking that literally? The perception that you are not only perceives all kinds of events outside of you, it also perceives your body, your thoughts, your feelings etc. If all that were not perceived, it would not exist. Everything that is perceived is subject to change, but perception is unchanging.

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Give yourself time to fathom your timeless self.

